**23. Practising Green Living**

P5 - Natural Resources: Saving Energy

Learning objectives:

* Understand what is Green Living
* Change the bad behaviours that wasting resources

　　　　Characteristics of Green Living

Determine if the following practices are habits of Green Living. Put a 🗸 or 🗴 in the box.

1. Shorten showering time to 4 minutes.
2. Set the air-conditioner at 19°C.
3. Ask for plastic bags when shopping.
4. Wash dishes or clothes only with a full load.
5. Dry clothes in the air instead of using a clothes dryer.
6. Prepare own containers for take-away.



A few wasteful habits are listed below. Suggest ways to correct these habits.

1. Cook more than the portions needed.

1. Throw away functional goods just because you don’t need it anymore.

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1. Turn on all the lights once returning home.

1. Buy individually packed products every time.

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**23. Practising Green Living**

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P5 - Natural Resources: Saving Energy

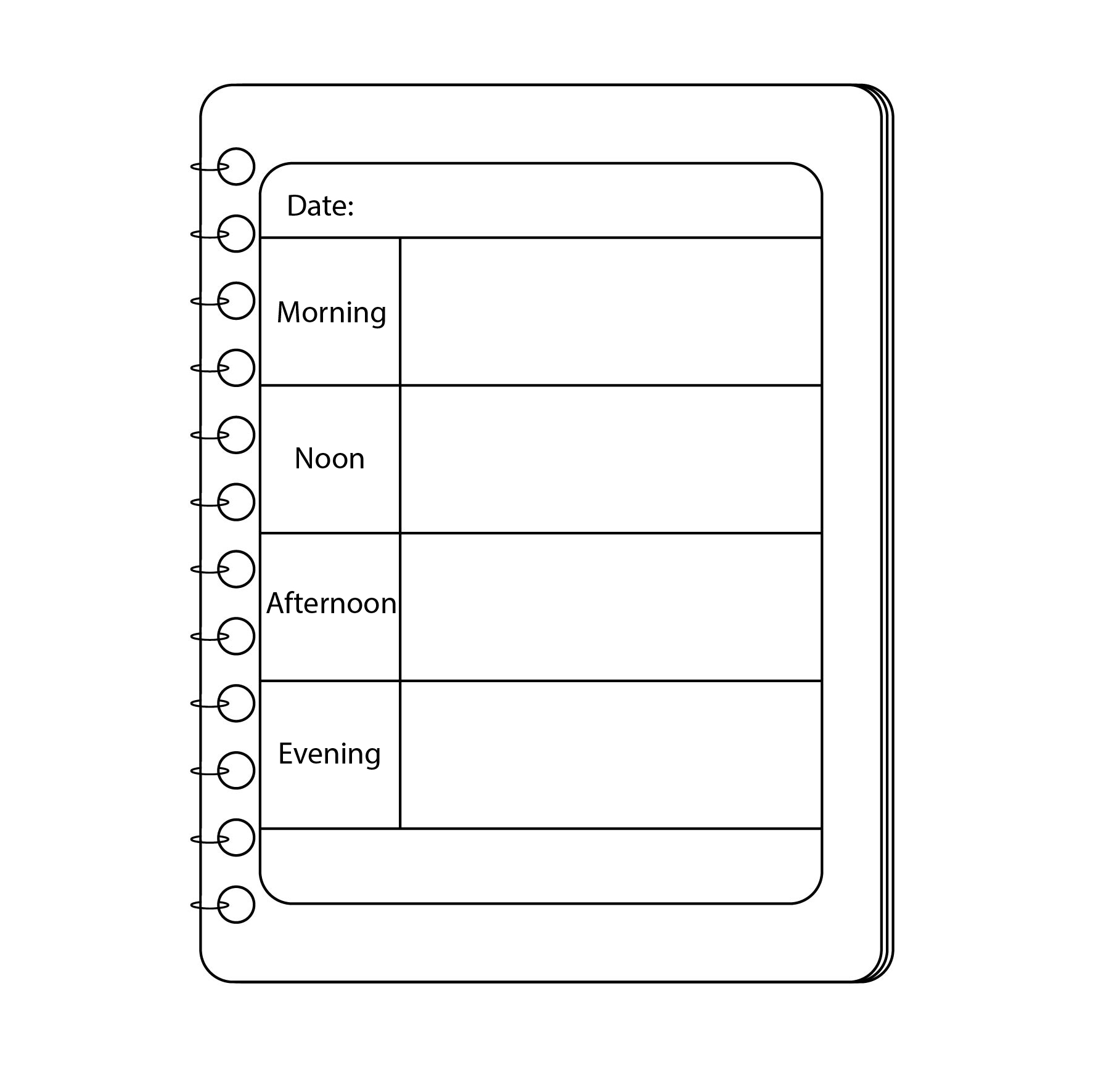
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Learning objectives:

* Establish a plan for Green Living

　　　　Establish a plan for Green Living

How can you practice Green Living? Try and fill in the schedule book below to come up with your own plan for Green Living and reducing wastage in your daily life.



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